

## **MADERA COUNTY**

### **NURSE INTERN**

#### **DEFINITION**

Under direct supervision in a learning capacity, to provide nursing care for clients in clinic or field nursing settings; to assist clinicians in the examination and treatment of clients; and to perform other duties as required.

#### **DISTINGUISHING CHARACTERISTICS**

This is a trainee class. Work is supervised while in progress and fits an established structure or pattern where incumbents may be expected to perform standardized procedures of limited complexity. Exceptions or changes in procedures are explained in detail as they arise. Incumbents duties fall primarily into the areas of basic assessment, treatments and diagnostic tests.

#### **EXAMPLES OF IMPORTANT AND ESSENTIAL DUTIES**

Assesses client needs accurately and plans appropriate interventions to implement care according to the developed plan; involves client in the planning process; incorporates changes to the plan of care following review by the supervisor; evaluates the effectiveness of nursing care and reassesses client needs as necessary; assists clients with preparation of examinations and treatments as ordered; assists physicians, nurse practitioners and other nurses with examinations, treatments, dressings, tests, immunizations, etc.; prepares and maintains equipment for treatments and tests; assists in preparing the clinic for client visits and assists in clinic clean-up during and after clinic hours; takes and records vital signs; observes and reports both physical and emotional symptoms and conditions of clients; obtains health histories; administers all medications and immunizations using the prescribed and recommended routes and methods; accurately provides technical nursing care, including phlebotomy, administration of medications, and immunizations according to established protocols; assists in epidemiological investigations by obtaining names of communicable disease contacts and making referrals/appointments for tests and treatment; teaches preventive health measures, such as nutrition, immunization, accident prevention and family planning; prepares records, reports and statistical information; protects the rights of clients and maintains confidentiality of all client contacts and information; learns to identify and report child or dependent adult abuse and incidents of domestic violence; complies with universal precautions, safety and other procedures per Federal and State CLIA and OSHA regulations; attends conferences, training and meetings as assigned.

#### **JOB RELATED AND ESSENTIAL QUALIFICATIONS**

##### **Knowledge of:**

Principles and skills for the promotion of health and the prevention of disease and disability.  
General nursing skills and practices in the areas of maternal and child health, adult health, medical and surgical nursing, and communicable disease control.  
Nutrition and preventive health practices.  
Cultural differences in health care.  
Child growth and development.

**Knowledge of:**

Principles of the nursing process as applied to a client.  
Use and effects of medicines.  
Basic CPR and First Aid methods and techniques.  
Medical terminology.  
Clinic practices and equipment.

**Skill to:**

Operate a motor vehicle safely.  
Learn to operate clinical test devices and equipment.

**Ability to:**

Communicate effectively, both orally and in writing.  
Learn to plan, organize and carry out nursing activities in an assigned area.  
Learn to perform clinical tasks such as venipunctures, giving injections, administering medications and assisting with examinations.  
Learn to keep accurate, concise and legally appropriate records and reports.  
Establish and maintain cooperative relationships with other health professionals, co-workers, and the general public.  
Learn to use public health nursing practices.  
Maintain all standards of nursing practice according to the Nurse Practice Act.  
Maintain confidentiality of client records and information.  
Learn and utilize computerized software programs incorporated in clinical practices and other assignments.  
Learn and utilize basic client eligibility criteria for referral/resource agencies such as emergency assistance programs, women's shelters, WIC, alcohol and other drug programs.  
Learn and utilize ordinances, rules, laws, and regulations governing public health services and nursing practices.  
Learn and utilize information about the causes and modes of transmission and methods of control for communicable diseases.

**Experience and Training Guidelines:**

*Any combination equivalent to experience and training that would provide the required knowledge, skills, and abilities would be qualifying. A typical way to obtain the knowledge, skills, and abilities would be:*

**Experience:**

No experience is necessary.

**Training:**

Possession of a valid Interim Permit to practice professional nursing issued by the California Board of Registered Nursing, or

Proof of completion of the majority of academic nursing requirements of the California Board of Registered Nursing.

**Special Requirements:**

*Essential duties require the following physical skills and work environment:*

Ability to sit, stand, walk, kneel, crouch, stoop, squat, twist, and lift 25 lbs.; exposure to cold, heat, noise, outdoors, chemicals, explosive materials, and infectious diseases.

**Effective Date:** October, 1997